

## Cleansing: A Better Approach to Health & Wellness



### Want a Slimmer, Healthier Body?

Overeating, eating the wrong kind of foods, stress, lack of exercise, and genetics can contribute to excess fat and obesity. Studies have documented that another primary contributor is preservatives and toxins associated with processed foods, unfiltered water, and air pollution. Household chemicals and cosmetics also are a factor.

Isagenix represents an unprecedented leap in health and wellness. Our Isagenix Programs are an intelligent and unique alternative to typical diets that flood the marketplace. It's a technology where weight loss is the wonderful side benefit. Imagine becoming healthy, clean and lean starting today.



## What Doctors Are Saying About the Isagenix® Cleansing and Fat Burning System



"Toxic overload sets the stage for many health challenges. The majority of the world's population cleanse for good health. By following their example, we could be healthier and slimmer. Cleansing is the key to permanent weight loss."

**Dennis Harper, D.O.**  
Salt Lake City, Utah



"The Isagenix nutritional technology has positively improved more lives in the past two years than I've seen in my medical practice for 12 years. My conviction is that everyone, regardless of age and health status, can benefit from this incredible technology."

**Becky Natrajan, M.D., Gastroenterologist**  
Board Certified, American Board of Internal Medicine



"Isagenix is enriching lives with good health. I am excited about the results, as my patients are healthier and losing weight safely and fast."

**Tom McNeilis, M.D. OB/GYN**  
St. George, Utah

## Finally... A Program That Works for Weight Loss!

"Isagenix helped me to lose a total of 152 pounds and keep it off. I am now exactly half of my weight from when



I started. This is the smallest I have been in 23 years—my entire adult life. Isagenix has totally changed my life.\*"

— Kim O.



"I had to punch holes in my belt and I finally said to my wife, 'Debbie, I need to buy a new belt or go on a diet.' [I've now] lost 105 pounds and 95 inches; Debbie lost a total of 55 pounds\*." — Brent N.



"From the time I began using the products, my outlook on life began to dramatically improve. I lost 20 pounds to a comfortable size 6\*. My sugar cravings were gone. I began to sleep better—and the energy! I felt good. I look 10 years younger!" — Debbie E.



\*Results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program.

To purchase or reorder additional Isagenix product, please contact your Independent Isagenix Associate.

## Cleanse Your Way to Better Health



Safely Lose Pounds and Inches Naturally Through Nutritional Cleansing



World leader in nutritional cleansing™.



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## Cleanse to Burn Fat Naturally

Our unique Cleansing and Fat Burning System is a common-sense approach to losing weight at a steady pace by cleansing, lowering caloric intake, and increasing physical activity. Whether you choose our 30 Day or 9 Day Program, you can have a system that can help you reach your wellness goals and your target weight. Then, you can enjoy being healthy, clean, and lean for life.

- Safely lose unwanted pounds and inches
- Cleanse harmful impurities from your system
- Burn fat and build muscle
- Naturally reduce unhealthy cravings
- Gain energy and improve mental clarity

### Cleanse for Life Drink

Get a fast start towards optimal health and wellness with our Cleanse for Life dietary supplement. This fundamental cleansing formula with superior-quality aloe, cleansing herbal teas, lipotropic nutrients, and ionic trace minerals can help your body to naturally release harmful impurities that can slow down your metabolism. Cleanse for Life is an integral part of your Isagenix Program. Available in natural berry or tropical paradise flavors.



9 Day Program



30 Day Program

### Natural Accelerator Capsules

Our Ephedra-free and Ma Huang-free formula uses natural thermogenic ingredients to kindle your natural furnace for burning fat.

Its carefully selected natural ingredients—such as cayenne, green tea, cinnamon, and ginseng—help melt away unwanted pounds. The capsules are to be used daily as part of your 30 Day or 9 Day Program.

### IsaLean™ Shake

Give your body a delicious wave of essential nutrients with our IsaLean Shake. This ideal meal replacement replenishes your body with a perfect blend of undenatured whey protein, vitamins, active enzymes, and IsaLyte™—a propriety blend of more than 70 ionic trace minerals. When used as part of one of our Programs, the IsaLean Shake maximizes your fat burning while safely reducing your caloric intake. Available in chocolate and vanilla.

### Isagenix Snacks

Each satisfying, low-calorie snack is a perfectly balanced blend of proteins, carbohydrates, and fat. They provide nutrients while satisfying appetite and cravings when used as part of your Isagenix program. The low-calorie snacks prove invaluable for reaching and maintaining your target weight. Available in chocolate and vanilla.

Results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program.

## Replenish

The wave of nutrients that your body receives while on one of our Isagenix programs helps awaken your body—which assists in kick-starting your natural metabolism and gives you energy.



## Revitalize

Cleansing and nourishing your body with high-grade nutrients and balanced meals regularly—instead of toxins and low-grade junk food—is an experience your body will thank you for. Get started right away and see what incredible benefits you'll receive.

## Cleanse

Today, millions of people throughout the world cleanse on a regular basis to promote good health, giving their bodies time to rest and recover. Cleansing regularly helps your body to eliminate impurities and reduce unhealthy cravings. But here's the best part: nutritional cleansing effectively provides you an extra side benefit—losing unwanted weight quickly in a safe, natural way.

With so many diet products available today you might ask, "Why is obesity an epidemic in the United States?" The answer is simple: Most diet products do not work because they do not address the important principle of nutritional cleansing.

The Isagenix Cleansing and Fat Burning System is easy to use and can give you a fast start to losing pounds and inches. Then once you reach your target weight, our programs can help you to keep the weight off through a healthy, clean, and lean lifestyle.



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If you are pregnant, nursing, diabetic, on medication, have a medical condition, or are beginning a weight control program, consult your physician before using Isagenix products or making any other dietary changes. Discontinue use if allergic reaction occurs.

